



Football Football - World Cup themed programme - starts 12th June 2010

Week 1

Key skill: Dribbling

	Age 5/6	Age 7/8	Age 9/10	Age 11/12
Skills school	Traffic Lights Game	Traffic Lights Game	Gateway Warm Up	Gateway Warm Up
Adapted Game	World Cup Grand Prix	'The Messi' Game	The Messi' Game or 'The Ronaldo' Game	The Messi' Game or 'The Ronaldo' Game
'The Match'	5v5 Free Play Game	5v5 Free Play Game	5v5 Free Play Game	5v5 Free Play Game

Week 2

Key skill: Attacking

	Age 5/6	Age 7/8	Age 9/10	Age 11/12
Skills school	Body Part Game	The Fabregas Game	The Fabregas Game	The Fabregas Game
Adapted Game	The Rolling Game	'Rebound' Game or the 'Rolling' Game	'Rebound' Game or the 'Up & Back' Game	'Rebound' Game or the 'Up & Back' Game
'The Match'	5v5 Free Play Game	5v5 Free Play Game	5v5 Free Play Game	5v5 Free Play Game

Week 3

Key skill: Teamwork

	Age 5/6	Age 7/8	Age 9/10	Age 11/12
Skills school	World Cup Winner	World Cup Winner	Throw-Head-Catch	Throw- Head- Catch
Adapted Game	'The England Team' Game	'The England Team' Game	'The England Team' Game or 'The World Cup Final'	'The England Team' Game or 'The World Cup Final'
'The Match'	5v5 Free Play Game	5v5 Free Play Game	5v5 Free Play Game	5v5 Free Play Game

Week 4

Key skill: Passing & Control

	Age 5/6	Age 7/8	Age 9/10	Age 11/12
Skills school	Space Monsters Game	Space Monsters Game	Four Sides Warm Up	Four Sides Warm Up
Adapted Game	Football Bowls	Blow Football	'Argentinean Passing Game' or 'The Xavi Game' or 'A Different Game'	'Argentinean Passing Game' or 'The Xavi Game' or 'A Different Game'
'The Match'	5v5 Free Play Game	5v5 Free Play Game	5v5 Free Play Game	5v5 Free Play Game

Week 5

Key skill: Goalkeeping

	Age 5/6	Age 7/8	Age 9/10	Age 11/12
Skills school	The Buffon Goalie Game	The Buffon Goalie Game	The Buffon Goalie Game	The Buffon Goalie Game
Adapted Game	World Cup Three & In	World Cup Three & In	World Cup Three & In	World Cup Three & In
'The Match'	5v5 Free Play Game	5v5 Free Play Game	5v5 Free Play Game	5v5 Free Play Game

Week 6

Key skill: Defending

	Age 5/6	Age 7/8	Age 9/10	Age 11/12
Skills school	Castle Siege Game	Castle Siege Game	Castle Siege Game	Castle Siege Game
Adapted Game	Rio's Defending Game	Rio's Defending Game	The Dutch Pressing Game	The Dutch Pressing Game
'The Match'	5v5 Free Play Game	5v5 Free Play Game	5v5 Free Play Game	5v5 Free Play Game

Week 7

Key skill: Shooting

	Age 5/6	Age 7/8	Age 9/10	Age 11/12
Skills school	Castle Siege Game	Castle Siege Game	Castle Siege Game	Castle Siege Game
Adapted Game	Rolling Ball Game	'Score like Rooney' Game	'Score like Rooney' Game or 'Torres' Game	'Score like Rooney' Game or 'Torres' Game
'The Match'	5v5 Free Play Game	5v5 Free Play Game	5v5 Free Play Game	5v5 Free Play Game